## CHALLENGE (make sure you click the links)!

<u>Take a training</u> <u>on career</u> <u>development</u> <u>plans</u>	I belong to a national or regional organization related to my field	<u>I have a</u> <u>colleague who</u> <u>is a mentor</u>
Discover <u>Workplace</u> <u>Coaching</u> , offered by GMU HR!	<u>I am attending</u> <u>one or more</u> <u>events during UL</u> <u>Career</u> <u>Development</u> WeekI	Connect with 3 new colleagues or SA Pro's on <u>LinkedIn!</u>



Attend all or some of the <u>Faculty-Staff</u> <u>Enrichment</u> Day Oct 25

Listen to a <u>SA</u> podcast episode of interest Give yourself permission to <u>REST,&</u> <u>RECHARGE</u> (then do it!)

Add a little bit of body text

## **HOW MANY DID YOU COMPLETE?**>

## GET A VIRTUAL BADGE!