



University Life Professional Development July 2026 Newsletter

How is your Mason summer? Whether your office has been in peak operations mode (we see you NSFP and all those who contribute to making orientation season happen) or you are midst in planning and prep mode for the return of students, we hope that you are working your way through the projects and objectives you set for yourself this season.

In the event you need some gentle assistance or support in meeting these summer goals, our team is here to provide consultation, training sessions, and thought partnership on a wide variety of topics! Interested? Awesome! It takes about 1-2 minutes to submit the [UL Professional Development Consultation Form](#) and the adventure starts.

If you are looking to sharpen your skills heading into the upcoming year and are feeling crunched with time, consider engaging in **Micro-Learning** experiences on **LinkedIn Learning through Nano Tip courses**. These bite-sized, content focused courses are typically under 15 in length and are designed to put concepts into action.

- Check this one out for example: [Nano Tips to Boost Productivity](#)

Did you watch it? Let us know [here!](#)

Sincerely,

The UL Professional Development Team

[Let us know if you watched the Nano Tips! Click Here](#)

Register Now! 2026 UL Gives Back Summer Day of Service

University Life **GIVES BACK**

2026 UL Day of Service

Stronger Together: A Day to Give, Grow, and Connect



UNIVERSITY LIFE
George Mason University

Date: Wednesday, July 22nd

Time: 9:00am-2:00pm

Info: ulprofdev.gmu.edu/dayofservice

We are pleased to share with you that this year's **University Life Gives Back –Summer Day of Service is scheduled for Wednesday, July 22, 2026**. We are committed to providing our staff and colleagues with the opportunity to make a positive difference and give back to our communities. A wide variety of service projects are available for staff to choose from. Immediately following all service projects, participants are welcomed at the UL Gives Back Social from 1:00pm -2:30pm!

REGISTER FOR A PROJECT TODAY:

<https://uldayofservice26.eventbrite.com>

Staff must RSVP for a service project so we can track where our service and outreach are occurring.

For more information, a complete list of service projects, and link to register,

visit: <https://ulprofdev.gmu.edu/dayofservice/>

Deadline to register is Friday, July 17, 2026

New initiatives and highlights for 2026:

- Letters to Elders (In-person or virtual options)
- Ovary Action Collective Hygiene Drive
- Little Library donations
- Patriot Panty donations

As a result of participation in the *2026 University Life Summer Day of Service*, staff will:

- Engage with University Life and George Mason University's core values by giving back to the campus and community

- through service, volunteerism, and civic engagement.
- Recognize the value of an individual's contribution to our community's efforts towards social change.
- Foster a holistic approach to service by recognizing the importance of educating ourselves on community outreach, service, education and impact on intersectional issues.

We hope you will be able to join us! For questions, please contact our planning team via email at ulprodev@gmu.edu.

Don't forget to [register](#) and we will see you at UL Gives Back 2026!

- 2026 UL Gives Back Planning Team

UL Staff Hub Quick Links

Upcoming UL Dates for AY 2026-2027

- Stay informed on important upcoming divisional dates, university dates, and dates for professional conferences by visiting this site on the UL Staff Hub.

UL Bulletin Submission Page

- Want to keep colleagues up to date on announcements and upcoming events? Make a submission to the UL Bulletin. Access the submission page using the above link!

Recognize a Colleague

- Make a submission to recognize a colleague for all the great work they do! Nominate a colleague for the Outstanding Service Award, Positive Impact Award, or the University Life Partnership Award, next nomination period closes October 15, 2026.

Check out more on the UL Staff Hub!

Upcoming Programs & Events:

Productivity Power Hour - Summer Series!

Join UL's Productivity Power Hour!



Get it done
this summer!



Drop in
anytime!



Join us at 11am every other
Thursday over the summer!

May

22

June

4+18

July

2+16+30



REGISTER AT:

[HTTPS://PRODUCTIVITY-POWER-HOUR-SUMMER26.EVENTBRITE.COM](https://PRODUCTIVITY-POWER-HOUR-SUMMER26.EVENTBRITE.COM)



UNIVERSITY LIFE
George Mason University®

Feeling swamped with summer projects and deadlines? Join our Virtual Productivity Power Hour focus sessions and rediscover your motivation and momentum. In just one hour on Zoom, we've designed an environment that empowers you to make real progress on your projects.

Why Join?

- **Accountability:** Co-working in a virtual setting keeps you on track and accountable for your goals.
- **Resource Hub:** Get access to tools and tips that will enhance your productivity.
- **Colleague Support:** Share the virtual workspace with colleagues who are equally driven, making work feel less like work.

Unleash your productivity and achieve those elusive project milestones. Join us for UL Productivity Power Hour Sessions, where we work together to work better.

[Register Here](#)

UL Professional Development Consultation Services

University Life's Professional Development team is here to support you with customized consultations designed to meet your unique needs. Whether you're planning a team retreat, developing a training program, or seeking individual career coaching, we offer a range of services to help you achieve your goals.

Complete the intake form and let the adventure begin!



UNIVERSITY LIFE PROFESSIONAL DEVELOPMENT CONSULTATION

Tailored Support for You and Your Team's Professional Development Journey

The University Life Professional Development team is here to help with everything from team retreats to individual coaching.

Complete our intake form to schedule an initial meeting. We'll help design a plan to support you and your team's unique goals and growth needs.

forms.office.com/r/d3EJJZVQcz



CONSULTATION SERVICES INCLUDE



Retreat Development
for Unit/Team



Customized Team
Training and
Workshops



Program Design



Graduate Professional
Assistantship
Development



Thought
Partnership/Brainstorming

CONTACT:

✉ ulprodev@gmu.edu

🌐 ulprofdev.gmu.edu



Consultation Services Intake Form

Visit the UL Professional Development calendar for more event listings and updates.

<https://ulprofdev.gmu.edu/calendar/>

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