

UNIVERSITY LIFE PROFESSIONAL DEVELOPMENT

MAY 2025 NEWSLETTER



University Life Professional Development May 2025 Newsletter

How is it May?! I feel as though I have asked this in almost all my meetings over the last week. Despite disbelief, the semester is indeed wrapping up and we are standing in that precarious time where one foot remains in this year and the other is firmly planted in the next. As we celebrate the accomplishments of our students, staff, and units; we are also in the process compiling data, drafting reports, and planning out our next iterations of how to grow our work in the upcoming year.

With summer arriving in a matter of weeks, our UL Professional Development team wants you to know that we see you in this work and are traveling alongside you. Moreover, our team is building out a variety of events to support you and your teams to leverage your time in Summer 2025!

Upcoming Events:

- **2025 UL Student Success Symposium:** Join your UL colleagues and those from around the university in this 2-day signature professional development event sponsored by University Life! Registration is LIVE and you can register [here](#).
- **Summer Productivity Power Hours:** Join UL Pro. Dev. every other Thursday this summer from 11AM-12PM to focus in on your work and get your tasks done! Register for one or all sessions, [here](#).
- **Tech Tips Extended Workshop:** UL Pro Dev will be offering an extended 2-hour session focused in on leveraging administrative tools.
- **UL Pro Dev Consultation Services:** Our team is committed to your success. If you're interested in having our team work with you, check out the services we offer [here](#)!

We hope you can join us over the summer and be on the lookout for our upcoming Summer Newsletter in July!

Sincerely,



UL Student Success Symposium

We are excited to share that [registration](#) is open for the **2025 University Life Student Success Symposium**, taking place on June 3 and 4 at the Johnson Center on the Fairfax Campus! We know you will all be finished with the success of your Advising Symposium in May so hope you will join us in early June.

The UL Symposium is the division's annual signature professional development experience, offering a chance to connect with colleagues, reflect on our shared work, and engage with topics essential to student success.

This year's Symposium invites us to center ourselves—to reflect, prepare, and reconnect with our purpose as we head into a new academic year. Grounded in the UL Core Values, the Symposium will feature interactive and engaging sessions that amplify the evolving work of student affairs professionals within today's dynamic higher education landscape.

Schedule Overview:

- Pre-Symposium Workshops and Events: Tuesday, June 3
- UL Student Success Symposium: Wednesday, June 4
- Location: Johnson Center, Fairfax Campus

☐ [Click here to register now](#)

☐ Registration closes May 21 at 11:59 PM

☐ Learn more at ulsymposium.gmu.edu

Additional information about the 2025 UL Student Success Symposium including the program schedule, learning outcomes, and planning team, can be found [here](#).

Have a question about the UL Symposium? Email ulprodev@gmu.edu

SAVE the DATE: 2025 UL Gives Back Summer Day of Service



With summer almost here, we are gearing up for one of UL's signature staff service programs, ***UL Gives Back Summer Day of Service on Wednesday, July 23, 2025!*** For more information on UL Gives Back, please visit [here](#).

Interested in serving on the 2025 planning team? Email Meeghan Milette (mharrin8@gmu.edu) for more information!

Registration for the event will open in June.

Upcoming Programs & Events:

Productivity Power Hour - Summer Series!

Join UL's Productivity Power Hour!



Get it done
this summer!



Drop in
anytime!



Join us at 11am every other
Thursday over the summer!

MAY	JUN	JUL	AUG
29	12+26	10+24	7



REGISTER AT:

[HTTPS://VIRTUAL-PRODUCTIVITY-POWER-
HOUR.EVENTBRITE.COM](https://virtual-productivity-power-hour.eventbrite.com)



UNIVERSITY LIFE
George Mason University®

Feeling swamped with summer projects and deadlines? Join our Virtual Productivity Power Hour focus sessions and rediscover your motivation and momentum. In just one hour on Zoom, we've designed an environment that empowers you to make real progress on your projects.

Why Join?

- **Accountability:** Co-working in a virtual setting keeps you on track and accountable for your goals.
- **Resource Hub:** Get access to tools and tips that will enhance your productivity.
- **Colleague Support:** Share the virtual workspace with colleagues who are equally driven, making work feel less like work.

Unleash your productivity and achieve those elusive project milestones. Join us for UL Productivity Power Hour Sessions, where we work together to work better.

[Register Here](#)

UL Professional Development Consultation Services

University Life's Professional Development team is here to support you with customized consultations designed to meet your unique needs. Whether you're planning a team retreat, developing a training program, or seeking individual career coaching, we offer a range of services to help you achieve your goals.

Complete the intake form and let the adventure begin!



UNIVERSITY LIFE PROFESSIONAL DEVELOPMENT CONSULTATION

Tailored Support for You and Your Team's Professional Development Journey

The University Life Professional Development team is here to help with everything from team retreats to individual coaching.

Complete our intake form to schedule an initial meeting. We'll help design a plan to support you and your team's unique goals and growth needs.

forms.office.com/r/d3EJJZVQcz



CONSULTATION SERVICES INCLUDE



Retreat Development
for Unit/Team



Customized Team
Training and
Workshops



Program Design



Graduate Professional
Assistantship
Development



Thought
Partnership/Brainstorming

CONTACT:

✉ ulprodev@gmu.edu

🌐 ulprofdev.gmu.edu



Consultation Services Intake Form

Progress on Your Professional Goals: Workshop

PROGRESS ON YOUR PROFESSIONAL GOALS: WORKSHOP

WHY YOU SHOULD GO?

- ✓ Identify areas of progress and challenge with your goals
- ✓ Walk away with fresh ideas to inform your goals
- ✓ Engage with colleagues to build a network of support

ALL THE DETAILS

-  **JUNE 17, 2025**
1:00PM - 2:00PM
-  **MS TEAMS - link with registration**

SCAN HERE

REGISTER NOW



ProgressOnProfGoals.event@brite.com



With time moving quickly, don't lose sight of the professional goals you have set for yourself!

To help stay on track, to join the **UL Learning & Development Committee on June 17 from 1pm -2pm** for an interactive workshop to look at your goals at the end of Q1 to note your areas of progress and where you need to put attention to.

We can't wait to engage in this conversation with you!

[Register Here](#)



Visit the UL Professional Development calendar for more event listings and updates.

<https://ulprofdev.gmu.edu/calendar/>

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