



University Life Professional Development September 2025 Newsletter

Welcome to the start of Fall 2025!

We hope that the start of the semester is going as smoothly as possible with the returning of students and the kicking off of projects, programs, and events that you've been working on throughout summer. The work you are doing is AWESOME!

In student affairs we often professionally sprint the first 6 weeks of the academic year with the flurry of activities taking place around campus with and for students. However, do not lose sight of yourself during this time. Your wellbeing matters and you are role modeling for your colleagues and students. Make the time to connect with a colleague, attend a professional development program, or chat with colleagues at a lunch and learn!

Take time to look at the wide variety of professional development opportunities in the upcoming programs and events, we can't wait to see you there!

Sincerely,

The UL Professional Development Team

Upcoming Programs & Events:

Registration Live for the 2025 ACPA/ASHE Presidential Symposium!



Register to attend



2025 ACPA/ASHE PRESIDENTIAL SYMPOSIUM

26 SEPTEMBER 2025

12:00 pm – 4:00 pm ET

*Imagining the Path Forward:
History, Mentorship, and Critical
Hope in Higher Education*

Join UL Professional Development will be hosting a 2 part series for the 2025 ACPA/ASHE Presidential Symposium.

- Sept 29@1:00pm: Virtually attend the livestream of the ACPA/ASHE Presidential Symposium with members of UL!
- Oct. 3 @11:00am: Virtual Follow Up Discussion of the Presidential Symposium. Facilitated by Josh Kinchen (he/ze), Director of LGBTQ+ Resource Center

**REGISTER
NOW!**



Register Here

UL Tech Tips Fall Semester Sessions!

UL TECH TIPS SERIES



UNIVERSITY LIFE
George Mason University®

10
SEPT, 2025

ONBOARDING NEW TECH TO YOUR TEAM*

1:00PM - 2:30PM *90 MINUTE SESSION

24
SEPT, 2025

SHAREPOINT: EXPLORE & REVIEW

1:00PM - 2:00PM

08
OCT, 2025

LINKEDIN LEARNING & VIVA LEARNING CONCEPTS

1:00PM - 2:00PM

12
NOV, 2025

MICROSOFT PLANNER & LOOP

1:00PM - 2:00PM

10
DEC, 2025

USING MS APPS FOR INFO SUSTAINMENT

1:00PM - 2:00PM

Register here:

<https://www.eventbrite.com/cc/ul-tech-tips-fall-2025-4507153>



Check out our Tech Tips events for the Fall 2025 semester!

We have a super awesome session prepared for next week all about Onboarding New Technology to Your Team! Join us **Wed, Sept 10, 2025** from **1:00-2:30PM EST**

Here's what to expect:

- Learn how to onboard and integrate new technologies within your team's working dynamic!
- Learn how effective onboarding reduces the transition period when utilizing new tech.
- Identify strategies to integrate new technologies.
- Explore the ways in which effectively leveraging change management frameworks make planning for change a successful reality!

Register Here for the Upcoming Session!

Click Here to Explore All F25 Tech Tips Sessions!

Productivity Power Hour - Fall Series!



Join UL's

Productivity Power Hour!

Fall Series

Drop in anytime!

Join us at 11am every other Friday this Fall!

SEPT	OCT	NOV	DEC
12+26	10+24	7+21	5



REGISTER AT:
[HTTPS://VIRTUAL-PRODUCTIVITY-POWER-HOUR_FALL.EVENTBRITE.COM](https://virtual-productivity-power-hour-fall.eventbrite.com)

UNIVERSITY LIFE
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Feeling swamped with summer projects and deadlines? Join our Virtual Productivity Power Hour focus sessions and rediscover your motivation and momentum. In just one hour on Zoom, we've designed an environment that empowers you to make real progress on your projects.

Why Join?

- **Accountability:** Co-working in a virtual setting keeps you on track and accountable for your goals.

- **Resource Hub:** Get access to tools and tips that will enhance your productivity.
- **Colleague Support:** Share the virtual workspace with colleagues who are equally driven, making work feel less like work.

Unleash your productivity and achieve those elusive project milestones. Join us for UL Productivity Power Hour Sessions, where we work together to work better.

[Register Here](#)

Contemporary Student Services Lunch & Learn

UL Contemporary Student Services Lunch & Learn



Join the Contemporary Student Services and UL
Professional Development teams for the
Fall 2025 Virtual Lunch & Learn Series!

Each session will:

- Focus on a specific population of contemporary students
- Engage attendees in meaningful conversations to support the population of students through challenges and opportunities.
- Connect attendees with others who are committed to fostering a supportive and inclusive campus environment for our contemporary students

Fall 2025 Session Information



MON. SEPT 15 | 12:10-1PM | Zoom
Student Parents Session



MON. OCT 20 | 12:10-1PM | Zoom
Transfer Students



MON. NOV 10 | 12:10-1PM | Zoom
Military & Veteran Students

Register Here



Questions?

Contact Meeghan Milette | mharrin8@gmu.edu, or UL Pro Dev | ulprodev@gmu.edu

Join us for Contemporary Student Services' Fall 2025 Lunch & Learn Series!

Our first event is coming up on **Mon, Sep 15, 2025** at **12:10 PM EST**.

Session Description:

Celebrate National Student Parent Month with UL and Contemporary Student Services! Join us and colleagues from across the Mason community to learn more about who our student parents and caregivers are. We'll discuss how student parents and caregivers show up, barriers faced, and promising practices. This interactive session then gets turned over to you!

Register Here

Learning & Development Presents: 2025 Chronicle Festival Interview & Conversation



2025 CHRONICLE FESTIVAL A CONVERSATION ON WORKPLACE CULTURE & THE CARING CAMPUS

UL Learning & Development Committee is hosting a conversation and viewing of a session in the 2025 Chronicle of Higher Education's Chronicle Festival!

Join us for a viewing of the interview *Creating a More Caring Campus* with Kevin McClure.

Following the interview we will engage in a debrief conversation, focusing on information provided and how it interplays with our current workplace environments.

Link to view is provided with registration!

Register Here

[https://2025ChronicleFestConvo.
eventbrite.com](https://2025ChronicleFestConvo.eventbrite.com)



WEDNESDAY, SEPT. 17
2:00PM – 3:00PM

Register Here

Upcoming Manager Meet-up Session!



Preparing for Effective Mid-Year Performance Check-Ins

Thursday, September 18, 2025 from 2:00PM – 3:00PM

Join the Supervision Collective for an interactive session focusing on preparing for mid-year check-in with your staff members for the current performance cycle. We will discuss strategies and tools to support you and your team in meeting the goals for this performance cycle and the academic year!

In the session, participants will:

- Identify strategies to engage staff in mid-cycle performance conversations
- Recognize the importance of revisiting performance goals with staff
- Identify a timeline for engaging in these conversations with staff members

Register Here: <https://Sept2025ManagerMeetup.eventbrite.com>

Manager Meetup

Join the Supervision Collection for our monthly Manager Meetups! Sessions focus on various topics impacting supervisors and are interaction based between participants. All are welcomed in this space. You do NOT need to be a supervisor to attend!



Register Now

SCAN HERE



Register Here

UL Professional Development Consultation Services

University Life's Professional Development team is here to support

you with customized consultations designed to meet your unique needs. Whether you're planning a team retreat, developing a training program, or seeking individual career coaching, we offer a range of services to help you achieve your goals.

Complete the intake form and let the adventure begin!



Tailored Support for You and Your Team's Professional Development Journey

The University Life Professional Development team is here to help with everything from team retreats to individual coaching.

Complete our intake form to schedule an initial meeting. We'll help design a plan to support you and your team's unique goals and growth needs.

forms.office.com/r/d3EJJZVQcz



CONSULTATION SERVICES INCLUDE



Retreat Development for Unit/Team



Customized Team Training and Workshops



Program Design



Graduate Professional Assistantship Development



Thought Partnership/Brainstorming

CONTACT:

✉ ulprodev@gmu.edu

🌐 ulprofdev.gmu.edu



Consultation Services Intake Form

Visit the UL Professional Development calendar for more

event listings and updates.

<https://ulprofdev.gmu.edu/calendar/>

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